



30.75 AAFP CME Credits Available!!!

**62nd ANNUAL POSTGRADUATE SYMPOSIUM
FAMILY MEDICINE UPDATE: 2019**

June 28-30, 2019
Paradise Point Resort
San Diego, California

SAN DIEGO ACADEMY OF FAMILY PHYSICIANS

62nd ANNUAL POSTGRADUATE SYMPOSIUM

Officers of the San Diego Chapter

President and Program Chair - *Jeffrey Anthony, DO*

President Elect - *Maria Carreido-Ceniceros, MD*

Secretary-Treasurer - *Kristin Brownell, MD*

Executive Director - *Sabrina Bazzo, MPH*

Fees

	Enrollments Reserved By 6/14/19	Enrollments Reserved After 6/14/19
AAFP Member or Active Duty Military	\$495.00	\$550.00
AAFP Retired Member	\$450.00	\$495.00
Non-Member	\$550.00	\$595.00
Allied Health Professional (RN, NP, PA, PHARM)	\$400.00	\$450.00
Resident/Medical Professional Course*	\$100.00	\$100.00
Medical Students Only**	\$75.00	\$75.00

* Letter of verification from Residency or Medical Professional Course Director must accompany registration.

** Letter of verification from Medical School Official verifying full-time status must accompany registration.

Note: Fees include lectures, lunches, continental breakfast and afternoon refreshments, Saturday evening gala reception, link to online syllabus and certificate recognizing course completion.

REFUNDS: A refund, less \$50.00, will be allowed if requested by June 14, 2019.

Accreditation

AAFP This Live activity, SDAFP 62nd Annual Family Medicine Update 2019, with a beginning date of 06/28/2019, has been reviewed and is acceptable for up to 30.75 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity. AAFP Prescribed credit is accepted by the American Medical Association as equivalent to AMA PRA Category 1 Credits™ toward the AMA Physician's Recognition Award. When applying for the AMA PRA, Prescribed credit earned must be reported as Prescribed, not as Category 1.

AOA: This program has been reviewed and is approved for a maximum of 30.75 Category 2-A Credits by the American Osteopathic Association

AAPA: Accepts certificates of participation for educational activities certified by AAFP for Prescribed Credit.

RN: An approved provider by the California Board of Registered Nursing, BRM Provider No. CEP 16914 for 30.75 contact hours.

PHARMACISTS: This course may be used to satisfy 30.75 hours continuing education for pharmacists by the California Board of Pharmacy.

Overall Program Objectives of Family Medicine Update: 2019

This program is completely developed by local volunteer American Academy of Family Physicians members to meet the day-to-day needs of the busy Family Medicine Physician.

After attending this course, participants should be able to:

- Determine patients at risk for a particular medical condition in order to control or prevent further complications.
- Detect and provide treatment for a variety of disease states typically seen by a primary care physician or other primary care healthcare professional.
- Identify current trends taking place in primary care medicine and their impact on clinical practice.

Educational Grants

This program is supported in part, by educational grants from industry, in accordance with AACME Accreditation Standards for Commercial support. All supporters will be recognized during the course of this live program.

Register online at: www.tinyurl.com/SDAFP19con

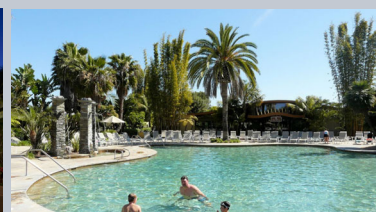
PROGRAM

FRIDAY, JUNE 28

- 7:00 a.m. Registration/Continental Breakfast
- 7:45 a.m. **Program Overview/Moderator**
Jeff Anthony, DO
SDAFP President and Program Chair
- 8:00 a.m. **Common Foot and Ankle Problems, Finding and Treating the Etiology**
Kent Feldman, DPM
- 8:40 a.m. **ELEVATE: Your Gender Affirming Healthcare Environment for Optimal HIV Care**
Asa E. Radix, MD, MPH
- 9:30 a.m. **Diagnosis and Management of Dementia for the Primary Care Physician**
Daniel D. Sewell, MD
- 10:10 a.m. **Break**
- 11:00 a.m. **The Diabetic Kidney...What to Do?**
Stephen Brunton, MD
- 11:50 a.m. **Lunch Keynote: Creating an Individualized Obesity Treatment Plan for your Patient**
Michelle Look, MD, FAAFP, Diplomate ABOM
- 12:40 p.m. **Overview of Program/Moderator:**
Maria Carreido-Ceniceros, MD
SDAFP President-Elect
- 12:50 p.m. **Concussion Management for the Primary Care Physician**
Doug Dengerink, DO
- 1:30 p.m. **HIV and TB Prevention**
Jeannette L. Aldous, MD
- 2:10 p.m. **Break**
- 3:00 p.m. **Sleep Disorders Update**
Lu D. Le, DO, MBA
- 3:40 p.m. **Teen Suicide and Mental Health**
Glenn Billman, MD, FACP
- 4:20 p.m. **Diabetes and Heart Failure: Truth and Consequences**
Stephen Brunton, MD
- 5:10 p.m. **Adjournment**

SATURDAY, JUNE 29

- 7:00 a.m. Registration/Continental Breakfast
- 7:45 a.m. **Program Overview/Moderator**
Lee Remington Boone, MD
SDAFP Immediate Past-President
- 8:00 a.m. **Cirrhosis for the Primary Care Provider**
Heather Patton, MD
- 8:40 a.m. **Physician Burnout**
Sarah L. Simmons, MD
Brooke D. Birrenkott
- 9:20 a.m. **Wrist/Hand Disorders**
Reid A. Abrams, MD
- 10:00 a.m. **Break**
- 10:50 a.m. **Moving Toward Elimination with Better HBV Recognition: A Combined Patient/Provider Strategy**
Richard R. Andrews, MD, MPH
- 11:40 a.m. **Evaluation and Work-Up for Pelvic Pain in Women: The Critical Role of Family Physicians**
Sarina Schrage, MD, MS
- 12:30 p.m. **Lunch Keynote: The Challenge of Managing ASCVD Risk in Family Practice: Redefining the Role of Non-Statins Therapies**
Stephen Brunton, MD
- 1:20 p.m. **Overview of the Program/Moderator**
Charles Camarata, MD
SDAFP Board Member & CME Chair Emeritus
- 1:30 p.m. **Pain Management and Opioids: Balancing Risks and Benefits**
David E. J. Bazzo, MD
Lee Ralph, MD
- 3:10 p.m. **Break and Resident Poster Session**
- 4:00 p.m. **Atrial Fibrillation Update**
Daniel Blanchard, MD
- 4:40 p.m. **2 Minutes/2 Slides/2 Questions**
Bradford H. Stiles, MD, FAAFP
- 5:20 p.m. **Adjournment**



GENERAL SESSION

SUNDAY, JUNE 30

7:45 a.m. **Program Overview/Moderator**

*Kristin Brownell, MD
SDAFP Secretary Treasurer*

8:00 a.m. **Generational Differences, Are they Real?**

Carol Havens, MD, FAAFP

8:40 a.m. **Relative Energy Deficiency Syndrome (REDS)**

Alexandra R. Myers, DO

9:20 a.m. **Osteoarthritis and Chronic Low Back Pain**

Blair Cushing, DO

10:10 a.m. **Break**

10:30 a.m. **Diabetes Update**

Deborah Oh, MD

11:10 a.m. **Reproductive Health Care: Conversations for Family Physicians and Their Patients**

Shannon Connolly, MD

12:00 p.m. **Harried Potter: A Scientific Update on Cannabusiness and the Green Wave**

Kai MacDonald, MD

12:40 p.m. **Adjournment**

Please plan to join us

Saturday June 29, 2019 5:30 - 6:30 p.m.

Cocktail Party

Casual Attire - Admission included with conference fee



WORKSHOPS

Sunday, June 30

Additional fee is required. Please see registration form for details.

7:00 a.m. - 11:00 a.m.

KSA - Preventive Medicine

1. Examine personal gaps in clinical practice relative to preventive care.
2. Increase use of new herpes zoster vaccine when indicated.
3. Incorporate at least one change in practice to address personal practice gaps.

Timothy Munzig, MD, Residency Program Director, Family Medicine, Kaiser Permanente, Orange County, CA

7:00 a.m. - 10:00 a.m.

Nexplanon Workshop

1. Understand that Nexplanon can be utilized as a long term progestin-only contraception: including its properties, mechanism of action, duration of action, delivery system and potential complications.
2. Determine indications and contraindication of Nexplanon and be able to discuss risks, benefits and potential side effects with patients considering it.
3. Understand proper technique for placement and removal of Nexplanon and be able to troubleshoot common potential problems.
4. Describe how to place Nexplanon device, after demonstrating competency in placing and removal during simulation training phase of workshop.

Geneen T. Gin, DO, Associate Clinical Professor, Department of Family and Preventive Medicine, University of California, San Diego, CA

Marianne McKennett, MD, Clinical Professor, Department of Family and Preventive Medicine, University of California, San Diego; Family Medicine Residency Director, Scripps Chula Vista Hospital, Chula Vista, CA

7:00 a.m. - 9:00 a.m.

EKG Workshop for the Busy Family Physician

1. Interpret various 12-lead electrocardiograms and rhythm strips.
2. Provide a basic organizational approach to interpreting an ECG systematically.
3. Review and interpret a variety of ECG presentations of myocardial ischemia and infarction.
4. Review and interpret a variety of ECG presentations of cardiac arrhythmias.

William A. Norcross, MD, Clinical Professor, Department of Family and Preventive Medicine, University of California, San Diego, California; Director, UCSD Physician Assessment and Clinical Education (PACE) Program

Register online at: www.tinyurl.com/SDAFP19con

San Diego Academy of Family Physician's 62nd Annual Postgraduate Symposium

June 28 – 30, 2019

Register online at: www.tinyurl.com/SDAFP19con

SYMPOSIUM REGISTRATION AND HOTEL RESERVATION INFORMATION

SYMPOSIUM REGISTRATION FORM

Thru June 14 After June 14

AAFP Member & Active Duty Military	\$495	\$550
AAFP Retired Member	\$450	\$495
AAFP Membership ID No. _____		
Check one: <input type="checkbox"/> DO <input type="checkbox"/> MD		
Non-Member	\$550	\$595
Allied Health Professional	\$400	\$450
Check one: <input type="checkbox"/> RN <input type="checkbox"/> NP <input type="checkbox"/> PA <input type="checkbox"/> PHARM		
Resident/Medical Professional		
Resident*	\$100	\$100
Medical Students Only*	\$75	\$75

*Special Requirements Apply (See accreditation section of brochure for details.)

Friday Luncheon Program

- I will attend (Registration lunch included in reservation fee)
- I request _____ additional guest voucher(s) at \$40.00 each for the Friday luncheon lecture

Saturday Luncheon Program

- I will attend (Registration lunch included in reservation fee)
- I request _____ additional guest voucher(s) at \$40.00 each for the Saturday luncheon lecture

Cocktail Party Reception

- I will attend (included in reservation fee)
- Total number of Family Members attending: _____
(4 included in reservation fee - \$20.00 for ea. additional person. Children under 5 are free.)

Fee Breakdown

Registration _____

Late Fee (add \$50 after June 14, 2019) _____

Additional Fri. Luncheon Voucher _____ x \$40 = _____

Additional Sat. Luncheon Voucher _____ x \$40 = _____

Additional Reception tickets _____ x \$20 = _____

Optional Workshops June 30th -

KSA-Preventive Medicine _____ x \$100 = _____
7 a.m. - 11 a.m.

Nexplanon Workshop _____ x \$75 = _____
7 a.m. - 10 a.m.

EKG for the Busy Family Physician _____ x \$50 = _____
7 a.m - 9 a.m.

Grand Total _____

CHARGE TO Visa MasterCard Amex Discover

CREDIT CARD NUMBER _____ EXPIRATION DATE _____

FIRST, LAST NAME _____

ADDRESS _____

CITY/STATE/ZIP _____

PREFERRED PHONE _____

EMAIL _____

SPOUSE/GUESTNAME (FOR NAME TAG): _____

Please mail OR FAX this form and payment information to:

San Diego Academy of Family Physicians

Post Office Box 910144, San Diego, CA 92191

Cell Phone: 619-540-6307 Fax: 858-458-9467

www.sandiegoafp.org • sbazzo@sandiegoafp.org

Register On-line at: www.tinyurl.com/SDAFP19con

Make your reservation online at:

www.tinyurl.com/sdafphotel19

HOTEL RESERVATION FORM

San Diego Academy of Family Physicians 62nd Annual Postgraduate Symposium

June 28-30, 2019

Paradise Point Resort, San Diego, California

The **Paradise Point Resort** is a 44-acre island tucked away on gentle Mission Bay, minutes from the heart of downtown San Diego and adjacent to the famous Sea World Adventure Park. This San Diego luxury resort features comfortable, California beach bungalow-style guest rooms amidst lush, tropical gardens and meandering lagoons. Perfect for families, the resort features over 460 guest rooms, including everything from luxury suites, lanai patio rooms, lanai garden rooms, and lanai bayside guest rooms, as well as studio garden suites.

Please fax this side of form to the hotel. Other options to reserve a room including calling the number below or going to the hotel website listed below.

PLEASE PRINT

FIRST, LAST NAME _____

ADDRESS _____

CITY / STATE / ZIP _____

PREFERRED PHONE _____

E-MAIL _____

ARRIVAL DATE _____ DEPARTURE DATE _____

NUMBER IN PARTY _____

Special Conference Rates (plus city occupancy tax):

Single or Double Occupancy \$274.00/Night

Reservation Deadline: June 5, 2019. After this date reservations will be taken on a space-available basis only.

Reservations must be made directly with the resort by calling 1-800-344-2626, or by going to the website listed below, and require one-night's deposit, or you may mail or fax this registration form with payment of your one-night's deposit, by check or credit card. A seven (7) day cancellation notice prior to your arrival date is required to obtain a refund of deposit.

Complimentary parking, internet access and use of fitness center for overnight guests!

NO RESORT FEE

Please indicate credit card to be used for deposit:

Visa MasterCard Amex

Discover Diner's Club

NAME ON CARD _____

CREDIT CARD NUMBER _____

EXPIRATION DATE _____

Please mail OR FAX this form and payment information to:

Paradise Point Resort

1404 West Vacation Road

San Diego, California 92109

Reservations: 800-344-2626 Fax: 858-581-5924

check out our website: www.paradisepoint.com.