

SAN DIEGO ACADEMY OF FAMILY PHYSICIANS

65th ANNUAL POSTGRADUATE SYMPOSIUM APPROVED FOR 20.25 CME CREDITS BY AAFP

Officers of the San Diego Chapter

President and Program Chair - *Melissa Campos, MD*

President Elect - *Julie Celebi, MD*

Secretary-Treasurer - *Sarah Merrill, MD*

Immediate Past President - *Kristin Brownell, MD*

Executive Director - *Sabrina Bazzo, MPH*

Rates for Meeting: 2022

	Enrollments Reserved By 6/10/22	Enrollments Reserved After 6/10/22
AAFP Member or Active Duty Military	\$495.00	\$550.00
AAFP Retired Member	\$450.00	\$495.00
Non-Member	\$550.00	\$595.00
Allied Health Professional (RN, NP, PA, PHARM)	\$400.00	\$450.00
Resident/Medical Professional Course*	\$100.00	\$100.00
Medical Students Only**	\$75.00	\$75.00

TWO SUNDAY WORKSHOPS:

1) KNOWLEDGE SKILLS ASSESSMENT: HEALTH COUNSELING AND PREVENTIVE CARE (FOR PHYSICIANS ONLY)\$100

2) NEXPLANON.....\$75

Lunch: Included for Attendees. Additional lunch guest is \$40.

Cocktail Party: Attendee + 1 guest is included. Extra ticket is \$20.

* Letter of verification from Residency or Medical Professional Course Director must accompany registration.

** Letter of verification from Medical School Official verifying full-time status must accompany registration.

Note: Fees include lectures, link to online syllabus and certificate recognizing course completion.

REFUNDS: A refund, less \$50.00, will be allowed if requested by June 10, 2022.

Accreditation

AAFP: This in-person activity, SDAFP 65th Annual Family Medicine Update 2022, with a beginning date of 6/24/2022, has been reviewed and is acceptable for up to 20.25 Prescribed credit(s) by the American Academy of Family Physicians. The AAFP has reviewed Health Counseling and Preventive Care KSA Workshop and deemed it acceptable for up to 8.00 Prescribed credits. Term of Approval is from 06/26/2022 to 06/26/2022. Physicians should claim only the credit commensurate with the extent of their participation in the activity. AAFP Prescribed credit is accepted by the American Medical Association as equivalent to AMA PRA Category 1 Credits™ toward the AMA Physician's Recognition Award. When applying for the AMA PRA, Prescribed credit earned must be reported as Prescribed, not as Category 1.

AOA: This program has been reviewed and is approved for a maximum of 20.25 Category 2-A Credits by the American Osteopathic Association.

AAPA: Accepts certificates of participation for educational activities certified by AAFP for Prescribed Credit.

RN: An approved provider by the California Board of Registered Nursing, BRM Provider No. CEP 16914 for 20.25 contact hours.

Overall Program Objectives of Family Medicine Update: 2022

This program is completely developed by local volunteer American Academy of Family Physicians members to meet the day-to-day needs of the busy Family Medicine Physician.

After attending this course, participants should be able to:

- Determine patients at risk for a particular medical condition in order to control or prevent further complications.
- Detect and provide treatment for a variety of disease states typically seen by a primary care physician or other primary care healthcare professional.
- Identify current trends taking place in primary care medicine and their impact on clinical practice.

Educational Grants

This program is supported in part, by educational grants from industry, in accordance with AACME Accreditation Standards for Commercial support. All supporters will be recognized during the course of this live program.

[Click Here To Register Online](#)

PROGRAM

FRIDAY, JUNE 24

- 7:45 a.m. **Program Overview/Moderator**
Melissa Campos, MD
SDAFP President and Program Chairperson
- 8:00 a.m. **Atrial Fibrillation Update**
Cecilia Gutierrez, MD
Jonathan Hsu, MD, MAS, FACC
- 9:20 a.m. **Pediatric Gender Affirming Care**
Jehrib M. Cabarlo, DO, MBA, FAAP
- 10:00 a.m. **Break**
- 10:40 a.m. **Inflammatory Bowel Disease (IBD):
A Review and Update for the
Primary Care Provider**
Rebecca Matro, MD
- 11:20 a.m. **Climate Change and Medicine**
Rachel Anne Abbott, MD
Angelica Neison, MD, CCMS
Melanie Fiorella, MD
- 12:00 p.m. **Lunch Lecture: A Hitchhiker's
Guide to Fatty Liver Disease**
Julio A. Gutierrez, MD
- 12:40 p.m. **Overview of Program/Moderator:**
Julie Celebi, MD
SDAFP President-Elect
- 12:50 p.m. **Chronic Pelvic Pain**
Lysistrati A. Alimonos, MD
- 1:30 p.m. **Diabetes Update 2022**
Athena Philis-Tsimikas, MD
- 2:10 p.m. **Break**
- 3:00 p.m. **ANA and Connective Tissue
Diseases Update**
Sheena Ogando, MD, RhMsUS
- 3:40 p.m. **Fibromyalgia Mimics**
Sheena Ogando, MD, RhMsUS
- 4:20 p.m. **Pre-Exposure Prophylaxis (PrEP)
for HIV Prevention**
Daniel Lee, MD
- 5:00 p.m. **Adjournment**

SATURDAY, JUNE 25

- 7:45 a.m. **Program Overview/Moderator**
Kristin Brownell, MD, MPH
SDAFP Immediate Past-President
- 8:00 a.m. **Choosing Wisely in Pediatrics:
When Less is More**
Jolie A. Limon, MD, FAAP
- 8:40 a.m. **Practical Weight Management in
the Outpatient Setting**
Sarah A. Rojas, MD, MAS, AAHIVS
Steven M. Rojas, MD
- 9:20 a.m. **Common Foot and Ankle Injuries**
Alan Shahtaji, D.O.
- 10:00 a.m. **Break**
- 10:40 a.m. **Overcoming the Causes (and
Consequences) of Chronic
Hyperkalemia**
Biff Franklin Palmer, M.D.
- 11:20 a.m. **Menopause: Management
Update 2022**
Marianne McKennett, MD
- 12:00 p.m. **Keynote Lunch: Family Medicine
Legislative Update**
David E. J. Bazzo, M.D., FAAFP
Lee P. Ralph, MD
- 12:40 p.m. **Overview of Program/Moderator:**
David Bazzo, MD, CAFP Past President
- 12:45 p.m. **Innovations and Smart Approaches
in Safe Prescribing - Part 1**
Nathan A. Painter, PharmD, CDCES, FADCES
- 1:25 p.m. **Innovations and Smart Approaches
in Safe Prescribing - Part 2**
Nathan A. Painter, PharmD, CDCES, FADCES
- 2:05 p.m. **2 Minutes/2 Slides/2 Questions**
Bradford H. Stiles, M.D., FAAFP
- 2:45 p.m. **Resident Poster Session and
Refreshment Break**
- 3:30 p.m. **Sexually Transmitted Infection
Update**
Myres Winston Tilghman, MD
- 4:10 p.m. **Effective Approaches in Somatic
Symptom Disorder: Identifying
Pathways of Anxiety can Lead to
the Road to Recovery**
Kelley DeLeeuw, MD
- 4:50 p.m. **End of Life Care**
Stephen M. Poses, MD
- 5:30 p.m. **Adjournment**



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GENERAL SESSION

SUNDAY, JUNE 26

7:45 a.m. **Program Overview/Moderator**
Sarah Merrill, DO, SDAFP Secretary Treasurer

8:00 a.m. **Double Down... Options to Help Treatment-Resistant Depression**
Kai S. McDonald, MD, FAPA

8:40 a.m. **Upper Extremity Musculoskeletal Injuries and Condition**
Soroosh Amanat, MD

9:20 a.m. **Update on Care for Newly Arrived Afghan Immigrants: Medical and Mental Health with Cultural Perspectives**
Kristin Brownell, MD, MPH

10:00 a.m. **Break**

10:15 a.m. **Common Consults for Family Medicine: Hematology**
Aparajit Venkateswaran, MD

10:55 a.m. **Long COVID: Insights and Paths to Healing**
Ni-Cheng Liang, MD

11:35 a.m. **Tackling Healthcare Disparities Together: Heme/Onc and Primary Care**
Aparajit Venkateswaran, MD

12:15 p.m. **Adjournment**

Please plan to join us
Saturday June 25, 2022 5:30 - 6:30 p.m.

Cocktail Party

Casual Attire - Admission included with conference fee



WORKSHOPS

Sunday, June 26

Additional fee is required. Please see registration form for details.

7:00 a.m. - 11:00 a.m.

Health Counseling and Preventive Care KSA Workshop

1. Examine personal gaps in clinical practice relative to preventive care.
2. Discuss age appropriate vaccinations currently recommended by CDC.
3. List recommended preventive screening for adults.
4. Address health counseling for patients with and without risk factors.

Lauren Simon, MD, MPH, FAAFP

Loma Linda University Health Education Consortium (LLUHEC) Family Medicine Residency Program, Assistant Program Director, Loma Linda, CA

7:00 a.m. - 10:00 a.m.

Nexplanon Workshop

1. Understand that Nexplanon can be utilized as a long term progestin-only contraception: including its properties, mechanism of action, duration of action, delivery system and potential complications.
2. Determine indications and contraindication of Nexplanon and be able to discuss risks, benefits and potential side effects with patients considering it.
3. Understand proper technique for placement and removal of Nexplanon and be able to troubleshoot common potential problems.
4. Describe how to place Nexplanon device, after demonstrating competency in placing and removal during simulation training phase of workshop.

Geneen T. Gin, DO

Associate Clinical Professor, Department of Family Medicine, University of California, San Diego, CA

Marianne McKennett, MD

Clinical Professor, Department of Family Medicine, University of California, San Diego, CA; Family Medicine Residency Faculty, Scripps Hospital, Chula Vista, CA

[Click Here To Register Online](#)

San Diego Academy of Family Physician's 65th Annual Postgraduate Symposium June 24-26, 2022

APPROVED FOR 20.25 CME CREDITS BY AAFP

HOTEL RESERVATIONS

Paradise  Point

San Diego's Island Resort



The **Paradise Point Resort** is a 44-acre island tucked away on gentle Mission Bay, minutes from the heart of downtown San Diego and adjacent to the famous Sea World Adventure Park. This San Diego luxury resort features comfortable, California beach bungalow-style guest rooms amidst lush, tropical gardens and

meandering lagoons. Perfect for families, the resort features over 460 guest rooms, including everything from luxury suites, lanai patio rooms, lanai garden rooms, and lanai bayside guest rooms, as well as studio garden suites.

Conference Rate - \$289/night (Includes Parking)

Deadline to Reserve a Room is May 23, 2022

[Click Here For Hotel Reservations](#)

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KSA WORKSHOP IS APPROVED FOR 8 CME CREDITS BY AAFP.

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