

# REGISTRATION FORM

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**SDAFP Member:**

(postmarked by 11/5/10): **\$50**

**Non-Member:** (postmarked by 11/5/10): **\$70**

All refund requests and late or on-site registration (space permitting) will be assessed a \$10.00 surcharge. Refund request deadline is 11/5/10.

*Continental Breakfast and Refreshment Break will be provided.*

Please make checks payable to:

**San Diego Academy of Family Physicians**

**P.O. Box 910144**

**San Diego, CA 92191-0144**

**Ph: 858-458-9439 Fax: 858-458-9467**

**[www.sandiegoafp.org](http://www.sandiegoafp.org)**

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*San Diego Academy of  
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**THE 2010 ALL-MEMBER  
MEETING:**

**Sports Medicine for the  
Primary Care Physician**



**Saturday, November 13, 2010**

**DoubleTree Hotel  
Mission Valley  
7450 Hazard Center Drive  
San Diego, CA 92108**

## *COURSE DESCRIPTION*

This program is designed for family physicians, general internists, nurse practitioners, and physician assistants. It consists of four lectures covering sports medicine injuries that commonly present to primary care physicians: throwers upper extremity injuries, hip pain, concussion, and hand injuries. The presentations will emphasize case-based clinical presentations, diagnostic evaluations, treatments appropriate for primary care, and indications for referrals.

## *CONFERENCE OBJECTIVES:*

- Learn to recognize and manage throwers overuse injuries of the elbow and shoulder.
- Provide better understanding of differential diagnosis and management of hip pain in physically active patients.
- Improved diagnosis of concussion and implementation of the 2008 Zurich Guidelines.
- Better understanding of hand injuries and treatments appropriate for primary care.

## *PROGRAM AGENDA* *Saturday, November 13th, 2010*

**7:15 - 8:00 AM**  
*Registration/Continental Breakfast*

**8:00-8:15 AM**  
*Welcome and Introduction*  
*Randy Swartz, M.D.*

**8:15– 9:00AM**  
*Throwers Injuries: Elbow and Shoulder*  
*Suraj Achar, M.D.*

**9:00-9:45 AM**  
*Hip Pain: Beyond OA*  
*Catherine Robertson, M.D.*

**9:45–10:00AM**  
*Refreshment Break*

**10:00–10:45 AM**  
*Concussion Guidelines*  
*Jamie Saben, M.D.*

**10:45-11:30 PM**  
*Hand Injuries*  
*Matthew Meunier, M.D.*

**11:30-11:45PM**  
*Wrap Up and Adjournment*

**11:45 PM**  
*Distribution of CME Certificates*

## *COURSE FACULTY*

Suraj A. Achar, M.D., FAAFP: Associate Clinical Director, Medical Director, La Jolla Family and Sports Med., University of California, San Diego, CA

Matthew Meunier, M.D.: Hand Surgery and Orthopedic Surgery, Department of Orthopedics, University of California, San Diego, CA

Catherine M. Robertson, M.D.: Sports Medicine and Orthopedic Surgery, Dept. of Orthopedics, University of California, San Diego, CA

Jamie Saben, M.D.: Sharp Rees Steely Medical Group, Family and Sports Medicine, Sharp Rees Steely, San Diego, CA

Randy Swartz, M.D.: Assistant Program Director, Scripps Family Medicine Residency Program, Scripps Mercy Hospital, Chula Vista, CA

*Program Chairperson:*  
*Randy J. Swartz, M.D.*

*Executive Director:*  
*Sabrina L. Bazzo, M.P.H.*



**Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.**

**Approved provider by the California Board of Registered Nursing, BRN Provider No. CEP9591.**

*For additional information , please call 858-458-9439 or visit our website: [www.sandiegoafp.org](http://www.sandiegoafp.org).*