



21.25 AAFP CME Credits Available!!!

**64th ANNUAL POSTGRADUATE SYMPOSIUM  
FAMILY MEDICINE UPDATE: 2021**

August 20-22, 2021

**Virtual Program**

# SAN DIEGO ACADEMY OF FAMILY PHYSICIANS

## 64th ANNUAL POSTGRADUATE SYMPOSIUM

### Officers of the San Diego Chapter

President and Program Chair - *Kristin Brownell, MD*

President Elect - *Melissa Campos, MD*

Secretary-Treasurer - *Julie Celebi, M.D.*

Immediate Past President *Maria Carreido-Ceniceros, MD*

Executive Director - *Sabrina Bazzo, MPH*

### Rates for Virtual Meeting: 2021

	Enrollments Reserved By 6/10/21	Enrollments Reserved After 6/11/21
AAFP Member or Active Duty Military	\$195.00	\$250.00
AAFP Retired Member	\$150.00	\$200.00
Non-Member	\$250.00	\$300.00
Allied Health Professional (RN, NP, PA, PHARM)	\$150.00	\$200.00
Resident/Medical Professional Course*	\$50.00	\$50.00
Medical Students Only**	\$25.00	\$25.00

\* Letter of verification from Residency or Medical Professional Course Director must accompany registration.

\*\* Letter of verification from Medical School Official verifying full-time status must accompany registration.

**Note: Fees include lectures, link to online syllabus and certificate recognizing course completion.**

**REFUNDS:** A refund, less \$50.00, will be allowed if requested by August 6, 2021.

### Accreditation

**AAFP** This Live activity, SDAFP 64th Annual Family Medicine Update 2021, with a beginning date of 8/20/2021, has been reviewed and is acceptable for up to 21.25 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity. AAFP Prescribed credit is accepted by the American Medical Association as equivalent to AMA PRA Category 1 Credits™ toward the AMA Physician's Recognition Award. When applying for the AMA PRA, Prescribed credit earned must be reported as Prescribed, not as Category 1.

**AOA:** This program has been reviewed and is approved for a maximum of 21.25 Category 2-A Credits by the American Osteopathic Association

**AAPA:** Accepts certificates of participation for educational activities certified by AAFP for Prescribed Credit.

**RN:** An approved provider by the California Board of Registered Nursing, BRM Provider No. CEP 16914 for 21.25 contact hours.

**PHARMACISTS:** This course may be used to satisfy 21.25 hours continuing education for pharmacists by the California Board of Pharmacy.

### Overall Program Objectives of Family Medicine Update: 2021

This program is completely developed by local volunteer American Academy of Family Physicians members to meet the day-to-day needs of the busy Family Medicine Physician.

**After attending this course, participants should be able to:**

- Determine patients at risk for a particular medical condition in order to control or prevent further complications.
- Detect and provide treatment for a variety of disease states typically seen by a primary care physician or other primary care healthcare professional.
- Identify current trends taking place in primary care medicine and their impact on clinical practice.

### Educational Grants

This program is supported in part, by educational grants from industry, in accordance with AACME Accreditation Standards for Commercial support. All supporters will be recognized during the course of this live program.

[Click Here To Register Online](#)

# PROGRAM

## FRIDAY, AUGUST 20

- 7:45 a.m. **Program Overview/Moderator**  
*Kristin Brownell, MD, MPH*  
*SDAFP President and Program Chairperson*
- 8:00 a.m. **Prostate Cancer Screening for the Primary Care Physician**  
*Aditya Bagrodia, MD*
- 8:40 a.m. **COVID-19: Clinical Aspects and Outpatient Management**  
*Christian Ramers, MD, MPH*
- 9:20 a.m. **Sports Pre-participation Physical Pearls for the Primary Care Clinician**  
*Corey Carson MD, CAQSM*
- 10:00 a.m. **Break**
- 10:15 a.m. **Schools and COVID-19: Preparing For Fall**  
*Howard Taras, MD, FAAP*
- 10:55 a.m. **Stimulant Use Disorder: The View from San Diego and How to Address in the Primary Care Setting**  
*Joe A. Sepulveda MD, FAPA, FASAM*
- 11:35 a.m. **Break**
- 12:15 p.m. **Overview of Program/Moderator:**  
*Melissa Campos, MD*  
*SDAFP President-Elect*
- 12:20 p.m. **Addressing Physician Wellness through Coaching: Data from International Physician Cohorts**  
*Sunny Smith, MD, FAAFP*
- 1:00 p.m. **Lessons from COVID-19: A Magnifying Glass for Health Disparities, An Opportunity for Mindful Anti-Racism**  
*Ni-Cheng Liang, MD*
- 1:40 p.m. **FQHC Quality Improvement 2021**  
*Deborah Donlon, MD*
- 2:20 p.m. **Break**
- 2:35 p.m. **Pediatric Inflammatory Bowel Disease 101 For the Primary Care Practitioner**  
*Jeannie S. Huang, MD, MPH*
- 3:15 p.m. **Hepatitis B Screening and Treatment Population Perspective**  
*Thao P. Tran, MD*
- 3:55 p.m. **Hip Pain for Primary Care**  
*Sarah Merrill, MD*
- 4:35 p.m. **Hematologic Complications of the COVID19 Vaccine**  
*Marin F. Xavier, MD*
- 5:15 p.m. **Adjournment**

## SATURDAY, AUGUST 21

- 7:45 a.m. **Program Overview/Moderator**  
*Maria Carriedo-Ceniceros, MD,*  
*SDAFP Immediate Past-President and Program Chair*
- 8:00 a.m. **Common Pediatric Sports Medicine Injuries**  
*Soroosh Amanat, MD, CAQSM*
- 8:40 a.m. **Innovations and Smart Approaches in Safe Prescribing of Opiates - Part 1**  
*Roneet Lev, MD, FACEP*
- 9:40 a.m. **Innovations and Smart Approaches in Safe Prescribing of Opiates - Part 2**  
*Roneet Lev MD, FACEP*
- 10:40 a.m. **Break**
- 10:50 a.m. **Insights into the Management of COVID in the Hospital Setting**  
*Nancy Crum-Cianflone, MD, MPH*
- 11:30 a.m. **Decision Points in the Management of Diabetic Kidney Disease**  
*Stephen Brunton MD, FAAFP*
- 12:20 p.m. **Turning Nays to Yays: Improving Shingles Vaccination Rates**  
*Stephen Brunton, MD, FAAFP*
- 1:10 p.m. **Break**
- 1:35 p.m. **Overview of Program/Moderator:**  
*David Bazzo, MD, SDAFP Board Member*  
*and CAFP Immediate Past President*
- 1:40 p.m. **Family Medicine Legislative Update**  
*David E. J. Bazzo, MD, FAAFP*  
*Lee Ralph, MD, FAAFP*
- 2:20 p.m. **Update in HCV: The Road to Elimination**  
*Christian Ramers, MD, MPH*
- 3:00 p.m. **Kidney Stone Prevention: Diet, Supplements and Meds**  
*Manoj Monga, MD, FACS*
- 3:40 p.m. **Break**
- 3:55 p.m. **Update on Insulin Management in DM1 and DM2**  
*Kelly Karches MD, MPH, FACE*
- 4:35 p.m. **2 Minutes/2 Slides/2 Questions**  
*Bradford H. Stiles, MD, FAAFP*
- 5:15 p.m. **Adjournment**

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# GENERAL SESSION

SUNDAY, AUGUST 22

7:45 a.m.	<b>Program Overview/Moderator</b> <i>Julie Celebi, MD</i> <i>SDAFP Secretary Treasurer</i>	10:00 a.m.	<b>Break</b>
8:00 a.m.	<b>Updates in Family Planning</b> <i>Sheila K. Mody, MD, MPH</i>	10:20 a.m.	<b>Responding to Adversity with HOPE (Health Outcomes from Positive Experiences): A Framework for Engagement</b> <i>Wendy D. Pavlovich MD, MHS, FAAP</i>
8:40 a.m.	<b>Updates in Pre-Eclampsia: Is there an Opportunity for Prevention?</b> <i>Arij Faksh DO, FACOG</i>	11:00 a.m.	<b>Heart Failure, Therapies for the Primary Care Provider</b> <i>Sonia Ponce MD, MPH, FACC</i>
9:20 a.m.	<b>Public Health Challenges at the San Diego/Baja Border</b> <i>Linda Hill, MD, MPH, FACPM</i>	11:40 a.m.	<b>Abnormal Uterine Bleeding</b> <i>Lysistrati A. Alimonos, DO, FACOG</i>
		12:20 p.m.	<b>Adjournment</b>

[Click Here To Register Online](#)

## How Does This Work?

Once registered you will receive an email confirmation. Please retain this document as receipt of payment for the program. A few days before the meeting starts you will receive an email with information on how to login virtually for Family Medicine Update 2021. You will also receive speaker slides and any announcements via email prior to the meeting as well as a final evaluation to fill out at the conclusion of the program. Once this is submitted your CME Certificate will be emailed to you. It's that easy!

*Please Join Us!*

for an in-person reception

**When: Saturday, August 21<sup>st</sup> from 6:30 - 8:30 p.m.**

**Where: Stone Brewery at Liberty Station**

**Who: All Registered Participants**

**What's Provided: Food & Beverages**



**STONE  
BREWING**

*World Bistro and Gardens*

**LIBERTY STATION**

2816 Historic Decatur Rd.  
UNIT 116  
San Diego, CA 92106

