

# SAN DIEGO ACADEMY OF FAMILY PHYSICIANS

## 67th ANNUAL POSTGRADUATE SYMPOSIUM APPROVED FOR UP TO 22.25 CME CREDITS BY AAFP

### Officers of the San Diego Chapter

President and Program Chair - *Sarah Merrill, MD*

President Elect - *Caitlin MacMillen, MD*

Secretary-Treasurer - *Gregory Thomas, DO*

Immediate Past President - *Melissa Campos, MD*

Executive Director - *Sabrina Bazzo, MPH*

### Rates for Meeting: 2024

	Enrollments Reserved By 6/14/24	Enrollments Reserved After 6/14/24
AAFP Member or Active Duty Military New Physicians (5 years or less in practice)	\$550.00	\$595.00
AAFP Retired Member	\$495.00	\$550.00
Non-Member	\$595.00	\$650.00
Allied Health Professional (RN, NP, PA, PHARM)	\$450.00	\$495.00
Resident/Medical Professional Course*	\$100.00	\$100.00
Medical Students Only**	\$75.00	\$75.00

#### **SUNDAY WORKSHOP: KNOWLEDGE SKILLS ASSESSMENT: PAIN MANAGEMENT (FOR PHYSICIANS ONLY) .....\$100**

*Lunch: Included for Attendees. Additional lunch guest is \$40.*

*Cocktail Party: Attendee + 1 guest is included. Extra ticket is \$20.*

*\* Letter of verification from Residency or Medical Professional Course Director must accompany registration.*

*\*\* Letter of verification from Medical School Official verifying full-time status must accompany registration.*

**Note: Fees include lectures, link to online syllabus and certificate recognizing course completion.**

**REFUNDS:** A refund, less \$50.00, will be allowed if requested by June 14, 2024.

### Accreditation

**AAFP:** *This in-person activity, SDAFP 67th Annual Family Medicine Update 2024, with a beginning date of 6/28/2024, has been reviewed and is acceptable for up to 22.25 Prescribed credit(s) by the American Academy of Family Physicians. The AAFP has reviewed Pain Management KSA Workshop and deemed it acceptable for up to 8.00 Prescribed credits. Term of Approval is from 06/28/2024 to 06/28/2024.* Physicians should claim only the credit commensurate with the extent of their participation in the activity. AAFP Prescribed credit is accepted by the American Medical Association as equivalent to AMA PRA Category 1 Credits™ toward the AMA Physician's Recognition Award. When applying for the AMA PRA, Prescribed credit earned must be reported as Prescribed, not as Category 1.

**AOA:** This program has been reviewed and is approved for a maximum of 22.25 Category 2-A Credits by the American Osteopathic Association.

**AAPA:** Accepts certificates of participation for educational activities certified by AAFP for Prescribed Credit.

**RN:** An approved provider by the California Board of Registered Nursing, BRM Provider No. CEP 16914 for 22.25 contact hours.

### Overall Program Objectives of Family Medicine Update: 2024

This program is completely developed by local volunteer American Academy of Family Physicians members to meet the day-to-day needs of the busy Family Medicine Physician.

#### **After attending this course, participants should be able to:**

- Determine patients at risk for a particular medical condition in order to control or prevent further complications.
- Detect and provide treatment for a variety of disease states typically seen by a primary care physician or other primary care healthcare professional.
- Identify current trends taking place in primary care medicine and their impact on clinical practice.

#### **Educational Grants**

This program is supported in part, by educational grants from industry, in accordance with AACME Accreditation Standards for Commercial support. All supporters will be recognized during the course of this live program.

[Click Here To Register Online](#)

# PROGRAM

## FRIDAY, JUNE 28

- 7:45 a.m. **Program Overview/Moderator**  
*Sarah Merrill, M.D., SDAFP  
President and Program Chairperson*
- 8:00 a.m. **Contraception Update**  
*Marianne A. McKennett, M.D.*
- 8:40 a.m. **Prostate Cancer Screening Update**  
*Aditya Bagrodia, M.D.*
- 9:20 a.m. **Dentistry Topics for Primary Care**  
*Fadra Whyte, D.M.D., M.P.H.*
- 10:00 a.m. **Break**
- 10:40 a.m. **Developmental Pediatrics**  
*Carolyn M. Sawyer, M.D.*
- 11:20 a.m. **Palliative Care for Primary Care**  
*Parin Chheda, M.D.*
- 12:00 p.m. **Lunch Keynote: Case Studies in Continuous Glucose Monitoring**  
*Steven Brunton, M.D., F.A.A.F.P., C.D.C.E.S.*
- 12:50 p.m. **Overview of Program/Moderator:**  
*Caitlin MacMillen, M.D., SDAFP  
President Elect*
- 1:00 p.m. **The 4M's: Caring for Elderly Patients:**  
*Lindsey Yourman, M.D.*
- 1:40 p.m. **The 4 M's: Age-Friendly Clinical Health Systems and Medications**  
*Emily Do, PharmD, J.D., M.B.A.*
- 2:20 p.m. **The 4 M's: Mentation**  
*Tessa Antalán, M.D.*
- 3:00 p.m. **Break**
- 3:30 p.m. **The 4 M's: Mobility**  
*Carolyn M. Kendle, M.P.H.  
James R. Templeman, M.D., M.P.H.*
- 4:10 p.m. **Menopause for Primary Care**  
*Kathryn M. Macaulay, M.D.*
- 4:50 p.m. **Treating Addiction in Primary Care**  
*Michelle S. Lough, M.D., M.P.H.*
- 5:00 p.m. **Adjournment**

## SATURDAY, JUNE 29

- 7:45 a.m. **Program Overview/Moderator**  
*Julie Celebi, M.D., SDAFP Immediate  
Past President*
- 8:00 a.m. **Pharmacologic Management of Insomnia**  
*Stephen Brunton, M.D.*
- 8:50 a.m. **Older Drivers: Screening and Management of Age Related Driving Disorders**  
*Ryan Moran, M.D., M.P.H.*
- 9:30 a.m. **Eating Disorders Update**  
*Alexandra Reed Myers, D.O., M.S.H.S.,  
FAOASM*
- 10:10 a.m. **Break**
- 10:50 a.m. **Osteoporosis Screening Update**  
*Gina N. Woods, M.D.*
- 11:30 a.m. **Breast Cancer Screening Update**  
*Mohammad Eghtedari, M.D., Ph.D.*
- 12:10 p.m. **Lunch Keynote: CAFP Legislative Update**  
*Anthony Fatch Chong, M.D.*
- 1:00 p.m. **Overview of Program/Moderator:**  
*Maria Carriedo-Ceniceros, M.D., SDAFP  
Past President and CAFP District Director*
- 1:10 p.m. **Beyond Numbers: Fostering Successful Primary Care Obesity Management Through the Lens of Cultural Humility**  
*Michelle Look, M.D., F.A.A.F.P., D.A.B.O.M.*
- 2:00 p.m. **Preparticipation Physical Update**  
*Brandan Mayer-Blackwell, M.D.*
- 2:40 p.m. **Resident Poster Session and Refreshment Break**
- 3:20 p.m. **Toxicology for Primary Care**  
*Jeff M. Lapoint, M.D.*
- 4:00 p.m. **2 Minutes/2 Slides/2 Questions**  
*Bradford H. Stiles, M.D., F.A.A.F.P.*
- 4:40 p.m. **Lemon Grove / McKennett Residency Award Recipient Presentation: Street Medicine**  
*Josue Reynaga, M.D.*
- 5:20 p.m. **Adjournment**



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# GENERAL SESSION

SUNDAY, JUNE 30

7:00 a.m. **Program Overview/Moderator**

*Gregory Thomas, D.O.*  
*SDAFP Secretary Treasurer*

7:10 a.m. **OMT for Migraines and Concussions**

*William Andrew, D.O.*

7:50 a.m. **Striking a Balance: Understanding Pain Management and Opioids**

*Carol S. Havens, M.D.*

9:40 a.m. **Shoulder Injuries for Primary Care**

*Jonathan A. Koretoff, M.D.*

10:20 a.m. **Break**

10:35 a.m. **Bleeding During the First Trimester of Pregnancy**

*Roshni Kakaiya, D.O.*

11:15 p.m. **OMT in Pediatrics**

*Kimberly J. Wolf, DO*

11:55 p.m. **Climate Change and the Impact on Patient Health**

*Melanie Fiorella, DO*

12:35 p.m. **Adjournment**

## Cocktail Party

Please plan to join us  
Saturday June 29, 2024  
5:30 - 6:30 p.m.

Casual Attire.  
Admission included with  
conference fee.



## WORKSHOP

Sunday, June 30

Additional fee is required. Please see registration form for details.

7:00 a.m. - 11:00 a.m.

### **KSA: Pain Management**

During this workshop our facilitator, Dr. Tim Munzing, will walk through the Knowledge Skills Assessment (KSA) module with attendees and they will complete it together. We will then notify the American Board of Family Medicine (ABFM) on behalf of all participants.

1. Appropriately evaluate a patient for Chronic Pain
2. Utilize general guidelines for prescribing Controlled Substances / Opioids, including the new CDC guidelines
3. Implement use of multiple modalities in managing chronic pain
4. Implement strategies to improve patient safety and compliance with guidelines in prescribing opioids and other Controlled Substances

[Click Here To Register Online](#)

# San Diego Academy of Family Physician's 67th Annual Postgraduate Symposium June 28-30, 2024

**APPROVED FOR UP TO 22.25 CME CREDITS BY AAFP**

## HOTEL RESERVATIONS

Paradise  Point

San Diego's Island Resort



The **Paradise Point Resort** is a 44-acre island tucked away on gentle Mission Bay, minutes from the heart of downtown San Diego and adjacent to the famous Sea World Adventure Park. This San Diego luxury resort features comfortable, California beach bungalow-style guest rooms amidst lush, tropical gardens and

meandering lagoons. Perfect for families, the resort features over 460 guest rooms, including everything from luxury suites, lanai patio rooms, lanai garden rooms, and lanai bayside guest rooms, as well as studio garden suites.

**Conference Rate - \$319/night (Includes Parking)**

**Deadline to Reserve a Room is June 5, 2024**

[Click Here For Hotel Reservations](#)

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Resident/Medical Professional Course*	\$100.00	\$100.00
Medical Students Only**	\$75.00	\$75.00

### SUNDAY WORKSHOP:

**KNOWLEDGE SKILLS ASSESSMENT: PAIN MANAGEMENT (FOR PHYSICIANS ONLY) .....\$100**  
KSA WORKSHOP IS APPROVED FOR 8 CME CREDITS BY AAFP.

**Lunch:** Included for Attendees. Extra lunch guest is \$40. **Cocktail Party:** Attendee + 1 guest included. Extra ticket is \$20.

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